

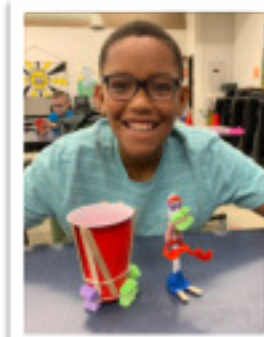
# Ivy News

2019

## Talking to your kids after school

Asking your kids “How was your day?” can sometimes lead to short answers. Here are five great conversation starters after a long school day.

1. What made you smile today?
2. Can you tell me an example of kindness you saw/ showed?
3. Did you help anyone today?
4. What was the peak and the pit?
5. What are you looking forward to tomorrow?



## STAFF HIGHLIGHT

### MEET MRS. MARIA, SENIOR PROGRAM DIRECTOR



**How long have you been with Ivy League Kids?** I have been with the organization for 17 years starting as a site aid.

**Do you have a favorite quote?** "If you see someone without a smile, give them one of yours." -Dolly Parton

**What advice would you give to recent new hires?** Be a role model. Children are great imitators, so give them something great to imitate. Be the person that you needed when you were younger.

**What are your hopes for our industry?** I hope we continue to grow and unite our field of before & after school and extended learning by striving to make each year bigger and better. I hope to educate others on the importance and long term benefits of before & after school programming for our youth.



**Oct 14th**  
**Columbus Day**  
 Ivy League Kids is offering Day Off Programming at multiple locations!  
**Field Trip:**  
**Haunted Trails**

**Oct 19th**  
**Parents Night Out**  
 Mokena Rec Center



**Oct 24th**  
**Lights On**  
**Afterschool**

**Nov 11th**  
**Day Off**  
**Programs**

**Nov 25-27th**  
**Thanksgiving**  
**Programming**

For a full list of events, visit [www.ivyleaguekids.org](http://www.ivyleaguekids.org)

## FRIENDLY REMINDERS

**Student Absence** If your child is not going to be attending the program for that day, please be sure to call our office and inform the school.

**Payment** Payment is due no later than Tuesday morning. If you haven't already signed up, please take advantage of Tuition Express and avoid late fees by having your payment taken our automatically. You can also view and pay your bill online by clicking the Parent Portal.

**Allergies** If your child has allergies, please make sure they are listed on your registration packet.



## Yoga in the Classroom

Some sites incorporate yoga poses for students. Through yoga, children build strength, endurance, confidence as well as the mind-body connection. Mindfulness is simply learning to be in the present. Focusing on your breath or directing your attention to the furthest sounds you can perceive is mindfulness; this can be done at any time of the day – even for a few seconds.

## THANK YOU, OZINGA!

Ozinga employees hosted a Gridiron Grub & Give event at their Mokena office to celebrate the start of football season. With their generous spirit, they decided to donate sports equipment to our program. Altogether, a total of 88 items were brought in. The items will then be dispersed among various Ivy League Kids program sites—especially to the most at risk youth. Thank you for the generous donation!

**Cleaning out?** We can always use your gently used sports equipment, toys and board games!

